



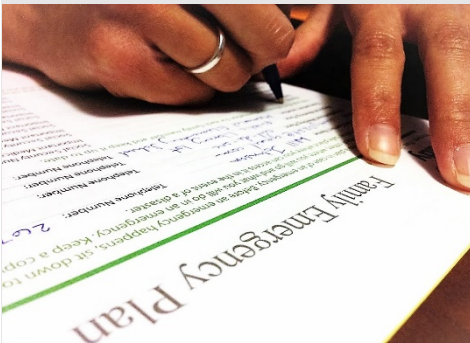
Personal Preparedness: Are You Ready?

Disaster can strike at any time. That's why it's so important to be prepared before the time comes.

September is National Preparedness Month...

Do you know what it would take to prepare you and your loved ones for the next disaster?

create a plan



Create a plan that includes what to do when your family is together and apart, sheltering at home and evacuations, and emergency contacts near and far. Make sure your family and everyone involved knows the plan, including children and emergency contacts.

make a kit



Collect and store enough supplies for each member of your family to last at least 72 hours (3 days). Include important documents and supplies for eating, bathing, safety, and entertainment. An easy to grab go-kit is also important for evacuations.

stay informed



Creating a plan and making a kit are just the beginning. Practice your plan and keep your supplies fresh. Also stay informed of the likely hazards and resources available in your area to be better prepared. Visit the CDC's site at <http://bit.ly/1I9bVRF> to learn more.

Don't forget about these...

When preparing, don't forget the little ones. Get the kids involved through interactive sites like Sesame St. for younger kids (<http://bit.ly/2bD31pn>) and Ready.gov for the older ones (<http://bit.ly/1S1Ys34>).

For pet preparedness, check out tips from the ASPCA at <http://bit.ly/1WJkAEC>.

Special planning should also take place for those with Access & Functional Needs. Visit the NJOEM's page at <http://bit.ly/2aXUibP> for links to planning resources.

Why stop there? Does your organization or business have a continuity of operations plan? Find out more at <http://bit.ly/2bvIP5K>.

To learn more about being prepared in your community, visit www.helpnnow.org.